



JAN

KFS LUNCH MENU

MON	TUE	WED	THU	FRI
1	2	3	4	5
8	9	10	11	12
Rice/Bread Beansprouts soup Beef tomato curry Eggs with soysauce Roasted seaweed Kimchi	Multigrain-rice /Bread Tofu soup Chicken with Veggie Corn pancake Kimchi	Multigrain-rice /Bread Beef seaweed soup Fish cutlet Potatoes with tomato sauce Kimchi	Multigrain-rice /Bread Fish cake soup Roasted chilly beef Egg plants Kimchi	Multigrain-rice /Bread Broccoli soup Slopy joe Fried potato Salad/Fruits
15	16	17	18	19
Rice/Bread Egg soup with onion Beef&mushroom stew Tofu Roasted seaweed Kimchi	Multigrain-rice /Bread Sujebi Popcorn chicken mushroom&Zucchini Kimchi	Multigrain-rice /Bread Beanpaste soup Roasted salmon with lemon Pasta salad Chives kimchi	Multigrain-rice /Bread Potato soup Chicken tomato Fried fish cake Kimchi	Bibimbap & soup Fruits Kimchi
22	23	24	25	26
Rice Beansprouts soup with kimchi Chicken curry Rolled egg Roasted seaweed Kimchi	Multigrain-rice /Bread Seaweed soup Beef kebab potato with paprika Kimchi	Multigrain-rice /Bread Soft tofu soup Sweet and sour beef cabbage coleslaw Kimchi	Multigrain-rice /Bread Tuna kimchi stew mushroom & chicken stew Roasted corn butter / kimchi	Meat sauce spaghetti/dinner rolls Rice with seaweed Cheese Olive mix salad Fruits
29	30	31		
Rice/Bread Beansprouts soup Spinach scrambled egg Roasted tofu Roasted seaweed Kimchi	Multigrain-rice /Bread Rice cake soup Bulgogi with noodle mushroom Kimchi	Multigrain-rice /Bread Beef radish soup Mackerel with curry Steamed spinach Potato carrot salad		