


 DEC

# KFS LUNCH MENU

MON	TUE	WED	THU	FRI
				1
				Multigrain-rice /Bread Corn soup Kofte Lettuce/Tomatoes/cu cumber Wedge potato/Fruits
4	5	6	7	8
Rice/Bread Beansprouts with kimchi soup Beef&mushroom stew Veggie pancake Roasted seaweed Kimchi	Multigrain-rice /Bread Ricecake soup Chicken with curry Pasta salad Kimchi	Multigrain-rice /Bread Potato seaweed soup Beef cutlet Steamed spinach Cabbage salad	Multigrain-rice /Bread Beef noodle soup Chicken steak Roasted veggie Kimchi/yogourt	Bibimbap with five veggie Fried tofu soup Kimchi Fruits
11	12	13	14	15
Rice/Bread Beansprouts soup Chicken curry Eggs with soysauce Roasted seaweed Kimchi	Multigrain-rice /Bread Fried tofu soup Popcorn chicken Steamed bok choy Kimchi	Multigrain-rice /Bread Tuna kimchi soup Korean meatballs Carrot&veggie Kimchir	Multigrain-rice /Bread Soft tofu soup Beef chop steak Roasted potato Kimchi/yogourt	Meat sauce spaghetti/dinner rolls Rice with seaweed Cheese Olive mix salad Fruits
18	19	20	21	22
25	26	27	28	29